



## RESOURCE LIST

### Recommended for ages 3 and older

*It's MY Body – A book to teach young children how to resist uncomfortable touch*, Lori Freeman and Carol Deach

*What's the Big Secret?* Laurie Krasny Brown, Ed.D. and Mark Brown

*It's So Amazing! A book about eggs, sperm, birth, babies and families*, Robie Harris

*Where did I Come From?* Peter Mayle

### Recommended for ages 8 and older

*The Care & Keeping of You: The Body Book for Girls (American Girl Library)*, Valerie Schaefer

*The Boy's Body Book: Everything You Need To Know For Growing Up YOU!* Kelly Dunham and Steven Bjorkman

### Recommended for ages 10 and older

*It's Perfectly Normal! Changing bodies, growing up, sex and sexual health*, Robie Harris

*What's Happening to Me?* Peter Mayle

*The "What's Happening to My Body?" Book for Girls*, Lynda Madaras with Area Madaras

*What's Going on Down There? Answers to Questions Boys Find Hard to Ask*, Karen Gravelle with Nick and Chava Castro

*Changing Bodies – Changing Lives*, Ruth Bell and others

*Body Drama – Real Girls, Real Bodies, Real Issues, Real Answers*, Nancy Redd

### For parents

*Everything You Never Wanted Your Kids To Know About Sex (But Were Afraid They'd Ask): The Secrets To Surviving Your Child's Sexual Development From Birth To The Teens*, Justin Richardson and Mark Schuster

*So Sexy So Soon - The New Sexualized Childhood and What Parents Can Do to Protect Their Kids*, Diane Levin and Jean Kilbourne

*Protecting the Gift, Keeping Children and Teenagers Safe (and Parents Sane)*, Gavin De Becker

*Smut: A Sex Industry Insider (and Concerned Father) Says Enough is Enough*, Gil Reavill

*The Primal Teen – What the New Discoveries About the Teenage Brain Tell Us About Our Kids*, Barbara Strauch

### Other Resources

childmolestationprevention.org

stopitnow.org – Sex abuse prevention

noplacelikehome.org – Talking to kids about sex

childtrends.org – Kids' health

look-both-ways.com – Internet safety

zoo.com – Kid-safe browser

theporntalk.com – Talking to kids about porn

pomwa.org – Kid safety skills

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